

Better Family Life, Inc.

SAFE PASSAGE URBAN RHYTHMS SUMMER CAMP



Unique Learning Experiences. Real Fun. Cultural Engagement.



Better Family Life, Inc.

Cultural, Educational and Business Center

5415 Page Blvd.

St. Louis, MO. 63112

314-367-3440

<http://www.bflyouth.org>



Arts, Music, Dance & Drama



Sports & Games



Field Trips & Events



Youth Leadership Academy

Welcome

Summer Camp Description

Safety is one of the biggest issues and concerns of parents regarding their children during summer vacation. Without the routine structure of school and a lack of quality recreational facilities in urban areas our children are often left vulnerable. As our children pass from one grade to another and passes through the summer months we want to provide a SAFE passage for our children that include fun, education, and cultural enrichment. Students will be in a safe controlled setting where each student will get the attention they need and deserve. We allow students to have fun and to be culturally motivated by their environment.

S.A.F.E. Passage Summer Camp at Better Family Life seeks to empower African-American youth to be active participants and leaders in the progress of their community.

Grounded in the African concept that “it takes a village to raise a child;” the program seeks to assist parents in the development of healthy and productive children. Members will experience and participate in an intensive eight weeks of African and African-American students, Dance and Drama, field trips, arts and crafts, sports, swimming and much more.

It all starts with our outstanding camp counselors.

A camp is only as good as its staff, and we are extremely proud of ours. Talent, creativity, love of children, leadership and devotion make our camp counselors the heart and soul of the program. Camp counselors and specialists are doing exactly what they enjoy most: spending a summer inspiring campers to explore, reach for new heights, and expand their horizons.

Camp Hours

| | |
|----------------------|---------------------------------|
| Monday-Friday | 8:00am - 5:00pm |
| Extended Care | 7:00am – 8:00am & 5:00pm-6:00pm |

Camp at S.A.F.E. Passage Summer Camp gives you choices.

Camp includes five days of activities, from 8:00 am – 5:00 pm. You can choose to add extended hours or partial days to your menu of summer fun.

Camp Schedule (no camp July 4, 5 and 6)

| | | | |
|---------------|------------------|---------------|--------------|
| Week 1 | June 5 – 10 | Week 5 | July 2 – 8 |
| Week 2 | June 11 – 17 | Week 6 | July 9 – 15 |
| Week 3 | June 18– 24 | Week 7 | July 16 – 22 |
| Week 4 | June 25 – July 1 | Week 8 | July 23 – 27 |

Special Features

- Quality staff
- Flexible, extended hours
- Field trips & special events
- Indoor and outdoor activities
- Air conditioned facility
- Breakfast and Lunch program
- On campus activities
- Off campus activities

Activities

- Sporting events
- Swimming
- Physical education
- Performing Arts
- S.T.E.A.M.
- Themed activities
- Arts and crafts
- Swimming Field Trips

Highlights

Sample Daily Schedule

| | |
|---------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00 – 8:00 am | Before Care (Additional Charge) |
| 8:00 – 9:00 am | Breakfast and Morning Circle |
| 9:00 – 9:45 am | Theme Station – Campers will participate in developmental activities which provides our youth with the necessary exposure to develop their personalities. |
| 9:45 – 10:30 am | Gym Games – Campers will play various large group games such as soccer, basketball, and obstacle courses. |
| 10:30 – 11:15 am | Art – Each day brings a new project that may include drawing, painting, printmaking or sculpture. |
| 11:15 am – 12:00 pm | STEAM – Activities will provide an opportunity for campers to engage, explore and make sense of the natural world through inquiry and project-based learning. |
| 12:00 – 1:00 pm | Lunch and Recess |
| 1:00 – 4:00pm | Field Trip |
| 4:00 – 5:00pm | Reflection/Closing Harambe Circle |
| 5:00 – 6:00pm | After Care (Additional Charge) |

Camp Themes:

Campers definitely won't be bored this summer with our themed weeks! Weekly themes include: All About Me!, All About Family/Relationships, Nutrition, The Community, Business (Junior Achievement), Health and Sports, The Arts, and more!

Field Trips:

Featured field trips this year include **Urban Harvest, Chocolate Chocolate Factory, Chess Hall of Fame, and more.**

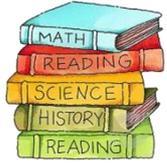
Breakfast/Hot Lunch:

Forgot breakfast or didn't pack a lunch? We've got you covered! At no additional cost your child can have hot breakfast and lunch at camp. All meals will be made with fresh fruits and vegetables, whole grain or organic pastas and rice.

What to Bring to Camp:

- *sunscreen (labeled)
- *bathing suit (on swim & water days)
- *towel (on swim & water days)
- *bug spray (labeled)
- *water bottle (labeled)
- *appropriate closed-toe shoe
- *flip flops or crocs on swim & water days only)

Specialty Programs (at no additional cost)



Academic Enrichment

We offer academic and personal enrichment programs for students in grades K-12. Our educational programs provide ideal skills to help instill positive values for their future. Our academic summer program helps students increase their grades, confidence and motivates them to make proud and responsible choices.



Performing Arts, Music, Dance and Drama

Once a week by instruction with over 40 years of experience, campers receive instruction in ballet, contemporary, Dunham, West African, Afro Caribbean, lyrical, tap, jazz, capoeira, and hip hop. Youth learn the basic rhythms of the following hand drums; Djembe, Congas, Dundun and Kenkeni. Youth in the class also have the opportunity to participate in the Kuumba Youth Performance Ensemble (K.Y.P.E.) and participate in our end-of-summer production.



Sports

Campers will learn individual practices that develop agility, balance and coordination, multiple ways to turn, fake and beat opponents, juggling, lifts and balances. They will work on dribbling and changing direction while in control of the ball as well as improving accuracy, pace and timing of passes. Sports activities include soccer, tennis, obstacle courses and more.



Community Service and Business Development

Engaging in community service provides campers with the opportunity to become active members of their community and has a lasting, positive impact on society at large. Community service projects will enable students to acquire life skills and knowledge, as well as provide a service to those who need it most.



S.T.E.A.M.

Campers will experience fun and exciting science and engineering experiments. Students will learn the magic of science while they create crazy concoctions. Our campers will have a blast when participating in our amazing technological and engineering activities while integrating diverse math and art projects.

Youth Leadership Academy



Youth Leadership Academy Description

The Youth Leadership Academy at Better Family Life offers a fun-filled summer program for rising leaders ages 12-18.

Better Family Life's Youth Leadership Academy (YLA) builds the leadership skills and capacity of St. Louis Youth to weigh in on policies that impact their daily lives as youth in our community. The Youth Leadership Academy aims to train youth in critical leadership competencies which will prepare them to work effectively with key stakeholders. Through experiential learning opportunities, inquiry skills and strategic communication, youth are better equipped to address the greatest challenges facing our city.

In addition to the leadership training, your child will also get a chance to participate in activities such as, the Teen Pregnancy and STD/HIV Prevention training, field trips around St. Louis, Dance and Drama courses, Swimming, Basketball camp and local college fairs and tours.

The Network

YLA brings together a network of civic-minded students of diverse backgrounds committed to lifting up youth voices and leading change. Upon graduation from the YLA, they join an accomplished community of BFL alumni from all industries and sectors who are dedicated to supporting one another and improving the City so that it is a better place to live, work, and learn.

The Skills

Participants will gain a deeper understanding of education policy, the skills to engage their peers and other community members in decision-making processes, and the opportunity to make a real and lasting impact in the school system.

Camp Hours

Monday-Friday

8:00am - 5:00pm

Extended Care

7:00am – 8:00am & 5:00pm-6:00pm

Camp Schedule (no camp July 4, 5, and 6)

Week 1 June 25 – July 1

Week 2 July 2 – 8

Week 3 July 9 – 15

Week 4 July 16 – 22

Week 5 July 23 – 27



Activities

- Sporting events
- Swimming
- Physical education
- S.T.E.A.M.
- Themed activities
- Arts and crafts
- Swimming Field Trips

Field Trips

- College Tours
- History Museum
- Media Stations
- Chess Hall of Fame
- Recreational Trips
- Tennis Court
- Swimming

CAMP FEE SCHEDULE 2018



| Summer Program | Program Fees | New Students | Returning Participants | KYPE/STAFF | Summer Camp Dates |
|-----------------------------------------|--------------------------------------|-------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------|
| SAFE Passage Urban Rhythms Summer Camp | Registration Fee | \$25 (\$50 Family 2-3) (\$75 Family 4 and up) | \$25 (\$50 Family) (\$75 Family 4 and up) | \$25 (\$50 Family) (\$75 Family 4 and up) | June 5 – July 27 (8 weeks) |
| | 1 st Child Full Time | \$75 | \$65 | \$55 | |
| | 2 nd Child | \$55 | \$45 | \$35 | |
| | 3 rd Child and Additional | \$35 | \$35 | \$25 | |
| | Part Time | \$45 | \$40 | \$35 | |
| Youth Leadership Academy Summer Program | YLA (per child) | \$25 Reg Fee \$100 (2 \$50 payments) *multi student discount may apply 20% off for 2 nd student. | \$25 Reg Fee \$100 (2 \$50 payments) *multi student discount may apply 20% off for 2 nd student. | \$25 Reg Fee \$80 (2 \$40 payments) *multi student discount may apply 20% off for 2 nd student. | June 25 – July 27 (5 weeks) |

Camp Shirt:
Please circle the size your camper(s) wear:

Youth XS
Youth S Youth M
Youth L Adult S
Adult M

*Each camper receives one S.A.F.E. Passage Summer Camp shirt upon registration. Additional shirts will be available for purchase.

Payment Methods

Please Make Check Payable to:
Better Family Life – Safe Passage Summer Camp

Cash

Credit or Debit Card

Payment Policy:

*A registration fee of \$25 (non-refundable) is required to enroll for summer camp.

*Your child will get a camp t-shirt during their first week.

*Weekly payments are due on the first day of the week by 9:00am. **A \$25 late payment fee will be assessed beginning the second day at 12:00pm.**

*****PLEASE NOTE: Summer Camp will be CLOSED on Wednesday, July 4th, Thursday, July 5th, and Friday July 6th in observance of Independence Day. Summer Camp will resume with a soft opening on Monday, July 9th at 8:00 AM.**